

**“At- Large” Standards for 2008 CIF State Track Meet
May 30 and 31 at Cerritos College**

Boys

100	10.70
200	21.59
400	48.55
800	1:54.76
1600	4:14.96
3200	9:14.22
110 Hurdles	14.37
300 Hurdles	38.53
4x100 Relay	42.27
4x400 Relay	3:20.60
High Jump	6' 06.00
Pole Vault	14' 10.00
Long Jump	22' 08.00
Triple Jump	46' 03.00
Shot Put	56' 04.75
Discus	172' 05.00

Girls

100	11.99
200	24.35
400	56.04
800	2:12.19
1600	4:57.47
3200	10:43.80
100 Hurdles	14.45
300 Hurdles	44.32
4x100 Relay	47.57
4x400 Relay	3:52.88
High Jump	5' 05.00
Pole Vault	11' 09.00
Long Jump	18' 03.75
Triple Jump	39' 00.00
Shot Put	40' 11.25
Discus	136' 01.00